

# Elemental Psychedelics

## Practicum 2026 Program Overview

The purpose of Elemental's practicum is to provide students supervised practice opportunities to experience, observe, and/or co-facilitate natural medicines sessions in a safe and supportive learning environment. Supervised practice is designed to support students' integration of knowledge, values, skills, and practice behaviors within the framework of safe and ethical natural medicine facilitation within students' scope of anticipated licensure.

Elemental's supervised practice opportunities will be completed in-person at three single-day intensives, for a total of 30 hours of in-person practicum focused on administration sessions. Each daylong intensive provides 10 hours of practice as a co-facilitator or an opportunity for self-administration. Note that up to 10 hours of practicum can include self-administration of natural medicine. The remaining 10 hours of practicum will be completed virtually with a practicum supervisor. Virtual practicum sessions will include supervised practice of preparation and integration sessions and case consultation. The in-person components of practicum take place at Reflective Healing (a licensed micro healing center, **NMHC-00008**) in Fort Collins, CO.

## Practicum 2026 Dates

### Option 1 Practicum Dates – 9 students

May 19 (orientation, virtual, 11am-1:30pm)

May 26 (preparation, virtual, 11am-1:30pm)

May 29, 30, 31 (in-person, 9am-7pm each day)

June 2 (integration, virtual, 11am-1:30pm)

June 9 (integration & closing, virtual, 11am-1pm)

Week of June 15: schedule a 25 minute 1:1 supervision meeting

### Option 2 Practicum Dates – 9 students

June 9 – Orientation (virtual, 11:00am–1:30pm)

June 16 – Preparation (virtual, 11:00am–1:30pm)

June 19, 20, 21 – In-person (9:00am–7:00pm each day)

June 23 – Integration (virtual, 11:00am–1:30pm)

June 30 – Integration & Closing (virtual, 11:00am–1:00pm)

Week of July 6 – Schedule a 25-minute 1:1 supervision meeting

### Option 3 Practicum Dates – 9 students

June 30 (orientation, virtual, 11am-1:30pm)

July 7 (preparation, virtual, 11am-1:30pm)

July 10, 11, 12 (in-person, 9am-7pm each day)

July 14 (integration, virtual, 11am-1:30pm)

July 21 (integration & closing, virtual, 11am-1pm)

Week of July 27: schedule a 25 minute 1:1 supervision meeting

## Risk Assessment Screening

Any student directly experiencing natural medicine as part of their practicum must be treated as a natural medicine participant and must undergo risk assessment screening. Practicum students will complete a risk assessment screening prior to the start of practicum and the practicum supervisor will review it. If risks are identified, the practicum supervisor will schedule a screening consultation call with the student to discuss risks and develop a safety plan.

## Virtual Sessions Outline

### Preparation Sessions

Virtual calls before the in-person intensive are aimed at helping each student triad prepare for their journey time together. Students will have the opportunity to gain supervised practice for setting intentions and appropriate expectations, touch agreements, informed consent, required documentation, use of music, and preparation tools (meditation, time spent in nature, journaling, movement, diet, media consumption, books and podcasts, etc).

### Integration and Process Sessions

In virtual integration sessions, trainees are practicing their integration support skills with supervision. Supporting their journeyer, co-facilitators are helping their journeyer arrive at one or more takeaways from their journey and helping them find practices and activities that support this wisdom settling into their minds. The facilitator should be prepared to practice listening, mirroring, and asking curious non-leading questions, help the journeyer understand what and how integration works, what the purpose of integration sessions is, and how they can engage in the active process of integrating their experience for weeks, months or years to come. Skills and suggestions should be practiced and discussed for ongoing integration, how to know who and when to share your journey, and how to continue to access support.

During process sessions, co-facilitators and journeyers will receive support in exploring what went well during administration sessions, what moments or skills from the administration sessions feel like they need attention, and the level and quality of attunement felt by the journeyer from the facilitator. Peer feedback should also encompass any preparation or

integration sessions that have been conducted. In process sessions, the aim is for both co-facilitators and journeyers to be able to articulate with some specificity their strengths and areas of continued growth and consultation as they move towards a real-world practice environment.

## Student Practicum Goals

Trainees are required to develop personal practicum goals that includes their specific goals for skill development through the practicum experience and a plan of action to achieve these stated goals. Students should integrate into their stated goals any feedback they have received about their demonstrated competencies from their 150 hour training program. Students may not enter practicum until they have completed a practicum plan that has been approved by the Elemental Practicum Supervisor. Throughout practicum, students should demonstrate and track progress towards their stated goals.

## Practicum Details and Supporting Documentation

Upon admission to practicum, trainees will receive and complete a practicum packet that includes documents necessary to complete practicum. At this time, please review the documents on our course page through [Thinkific](#). If you are having difficulty accessing this link, please contact Becca Schillaci at [admin@elementalpsychedelics.com](mailto:admin@elementalpsychedelics.com).

**Locations:** Elemental practicum will take place in Fort Collins, Colorado at the licensed micro healing center, Reflective Healing, 605 South College Avenue 80524 (NM Healing Center - NMHC-00008).

Overnight stays are not required, though for convenience, students may choose to arrange their own overnight stays in nearby Old Town. On self-administration days, students must arrange transportation to their overnight stay; no student is allowed to drive or operate any kind of motorized vehicle at the end of their self-administration day.

**Supervision:** Shannon Hughes, Program Director and Practicum Supervisor for Elemental [shannon@elementalpsychedelics.com](mailto:shannon@elementalpsychedelics.com). Distinguished Educator License NMDE.0000003

**Natural Medicine:** Natural medicine for Elemental's practicum will be supplied by Psylutions or another licensed natural medicine cultivator or manufacturer in Colorado.

**Fees:** For Elemental trainees, the practicum fee is **\$2,200** for 2026 practicums. This includes 30 hours of supervised in-person administration sessions over 3 days plus 10 hours of virtual supervised practice.

**For scheduling practicum dates:** Becca Schillaci, Admin Assistant for Elemental [admin@elementalpsychedelics.com](mailto:admin@elementalpsychedelics.com)